



Safeguarding Bulletin: Supporting Children Affected by Domestic Abuse

Dear Parents and Carers,

As part of our commitment to safeguarding the well-being of all our children, we would like to raise awareness of domestic abuse and how it can impact children, both directly and indirectly. Understanding the signs and knowing where to turn for help can make a huge difference.

Domestic Abuse: What You Need to Know

Domestic abuse can affect families in many ways. It's not just physical violence—it can also include emotional, psychological, or financial abuse. Children living in homes where there is domestic abuse may experience trauma even if they are not directly hurt.

Statistics

- 1 in 4 children in the UK are exposed to domestic abuse at some point in their lives.
- On average, 2 children in every classroom experience domestic abuse.
- **80%** of children who witness domestic abuse show significant emotional or behavioural problems.

What to Look Out For in Your Child:

Children who have witnessed domestic abuse might:

- Show signs of anxiety, depression, or fearfulness.
- Display difficulty in trusting others or becoming overly clingy.
- Struggle with concentration or performance at school.
- Display disruptive or aggressive behaviour.

If you notice any of these signs, or if you are experiencing domestic abuse yourself, it's important to seek help.

Get Help & Support:

You don't have to face this alone. There are services that can support you and your family.

- **National Domestic Violence Helpline (Freephone):** 0808 2000 247
- **Childline (Confidential help for children and young people):** 0800 1111
- **The Refuge Helpline (For women and children experiencing domestic abuse):** 0808 2000 247

If You Are Concerned About a Child:

If you are worried about a child, whether you're own or someone else's, please contact us or your local safeguarding team. Your concerns could be the key to ensuring that a child is kept safe.

- **School Safeguarding Lead:** J Waller 01454867114
- **Local Children's Services (Access and response):** 01454866000

Remember, help is available. Your actions can make a difference in the life of a child.

Thank you for your continued support.

Warm regards,
Safeguarding Team
Parkwall Primary School

This bulletin is part of our ongoing commitment to raising awareness about safeguarding issues and ensuring that every child feels safe, supported, and valued. Please feel free to reach out to us with any questions or concerns.