



Parkwall Primary Safeguarding Bulletin

Topic: Understanding the Four Types of Abuse

Dear Parents and Carers,

At Parkwall Primary School, safeguarding your children is our top priority. To support our collective responsibility for their safety and wellbeing, this bulletin outlines the four main types of abuse. By being aware of these, you can help protect your child and others from harm.

1. Physical Abuse

This involves causing physical harm to a child.

Signs to watch for:

- Unexplained injuries like bruises, burns, or fractures.
- Flinching when approached.
- Reluctance to explain injuries or conflicting stories about how they happened.

What to do:

If you suspect physical abuse, report it to a safeguarding lead or local authority.

2. Emotional Abuse

This includes actions or words that harm a child's emotional development.

Signs to watch for:

- Low self-esteem or confidence.
- Withdrawn or overly anxious behaviour.
- Reluctance to engage with peers or adults.

Examples:

- Name-calling, belittling, or excessive criticism.
- Ignoring a child or exposing them to harmfully adult situations.

3. Sexual Abuse

This involves forcing or enticing a child to engage in sexual activities.

Signs to watch for:

- Inappropriate knowledge or behaviour for their age.
- Avoiding certain people or places.
- Unexplained changes in mood or behaviour.

Examples:

- Physical sexual contact or non-contact acts like exposure to inappropriate content.

4. Neglect

The persistent failure to meet a child's basic needs, impacting their health and development.

Signs to watch for:

- Poor hygiene, clothing, or nutrition.
- Regularly being left alone or unsupervised.
- Unmet medical or educational needs.

How We Safeguard at School

Our trained staff are committed to recognizing and addressing abuse. Every concern is taken seriously and handled confidentially.

Contact our Designated Safeguarding Lead (DSL): J Waller

What Can You Do?

- **Listen:** If your child talks about something worrying, take them seriously.
- **Observe:** Stay attentive to changes in their behaviour or appearance.
- **Report:** Share concerns with the school's safeguarding team or call your local safeguarding service.

You can also contact:

The Local Authority Access and Response Team (ART) - 01454866000

NSPCC – 08088005000

Together, we can create a safe and nurturing environment for all children.

Thank you for your continued support.

Warm regards,

Safeguarding Team

Parkwall Primary School

This bulletin is part of our ongoing commitment to raising awareness about safeguarding issues and ensuring that every child feels safe, supported, and valued. Please feel free to reach out to us with any questions or concerns.